



MIDDLESEX COUNTY STEM CHARTER SCHOOL

Dear Parent/Guardian,

Health Education provides students with the knowledge and skills they need to be healthy throughout their lifetime. To that end, the New Jersey Student Learning Standards- Comprehensive Health and Physical Education (NJSLs-CHPE) were revised to address the need for students to gain knowledge and skills in caring for themselves, interact effectively with others, and analyze the impact of choices and consequences.

The intent of a comprehensive health education program is to provide age appropriate lessons that motivate students to maintain and improve their health, prevent disease, and avoid or reduce health related risky behaviors.

In accordance with state law **N.J.S.A. 18A:35-4.7 *Parent's Statement of Conflict with Conscience***- The NJDOE recognizes and respects that some families prefer to have these conversations privately. Pursuant to N.J.S.A. 18A:35-4.7, any child whose parent or guardian presents to the school a signed statement that any part of instruction in health, family life education, or sex education is in conflict with his or her conscience or sincerely held moral or religious beliefs shall be excused from that portion of the course.

If you want your child(ren) to opt-out, please check off the subtopics of which you would like to opt out.

Information about State Board of Education rulings, district policy, and curriculum overviews, related to Comprehensive Health Education can be found at <https://www.nj.gov/education/cccs/2020/2020%20NJSLs-CHPE.pdf>. If you have any questions, please contact our administrative team.

Sincerely,

MCSCS Administration



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If you are choosing to opt out of any of the topics for your student, please check them off below. Please note that they will be exempt from the material and lessons and will be placed in an alternate room during instructional time.

Your child's name: _____

Your child's grade level: _____

4th and 5th Grade Topics:

- Personal Growth and Development
- Safety
- Personal Growth and Puberty
- Healthy Relationships
- Medicine & drugs: alcohol, tobacco and other drugs

6th Grade:

- Safety, Service, Character Development
- Personal Growth and Development
- Nutrition
- Emotional Health; Services & Safety
- Social and Sexual Health: Health Services, Safety
- Alcohol and Drugs: Substance Abuse